

# Activity Plan

<i>Title</i>	Trashin' The Camp Dance
<i>Subject</i>	Understanding Musical Form - AABA
<i>Author</i>	Lesson Zone
<i>Grade level</i>	2-4
<i>Time duration</i>	40 mins
<i>Overview</i>	Crank up the jungle fun with music from Disney's Tarzan and a wildly fun lesson on musical form. Students learn the musical form of "Trashin' the Camp" as they dance a different step to each section.
<i>Objective</i>	Responding: Students will demonstrate an understanding of AABA form through dance.
<i>Materials</i>	Trashin' the Camp sound recording from Disney's Animated Feature Tarzan: <a href="https://www.youtube.com/watch?v=lfwzIE3WEkw">https://www.youtube.com/watch?v=lfwzIE3WEkw</a>
<i>Activities and procedures</i>	<p><b>Step 1</b></p> <p>Ask the students to identify the Disney soundtrack recording you are about to play. As soon as they know what it is, they should raise their hand.</p> <p><b>Step 2</b></p> <p>Stop the recording and ask them what the name of the piece is or the movie it comes from.</p> <p><b>Step 3</b></p> <p>Tell the students, "We will be learning about musical form today. Musical form has to do with how music is put together. As we listen to the recording again, I will write an alphabet letter on the white board to label the section of music that we are listening to."</p> <p><b>Step 4</b></p> <p>Start the recording.</p> <p><b>Step 5</b></p> <p>Form: Introduction - A - A - B - A</p>

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**Step 6**

Stop the recording.

**Step 7**

Tell the students, "We will be learning a dance to this music. Each section of the music will have a different dance movement. When the music sounds different, the dance will be different."

**Step 8**

Begin with the movement for the first A section.

**Step 9**

Step to the right for 8 counts: Side-Together-Side-Together-Side-Together-Side-Together

**Step 10**

Step to the left for 8 counts: Side-Together-Side-Together-Side-Together-Side-Together

**Step 11**

Repeat this pattern until the vocalist sings "Do Bop She Do". On this cue, the students rotate once in a circle with jazz hands.

**Step 12**

Try the movement with the recording. If the class is successful, move on to the B section.

**Step 13**

Teach the movement to the B section.

**Step 14**

Stepping backward for 4 counts: Back-Two-Three-Flip. On the flip, students jump in the air and flip around, changing direction.

**Step 15**

Repeat this pattern until the drums perform a triplet rhythm.

**Step 16**

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When the drums perform the triplet rhythm, students recite in a loud voice along with the rhythm:

**Step 17**

Tarzan the Man - Tarzan the Man - Tarzan the Monkey Goes AHHHH  
(Tarzan Yell)!

**Step 18**

Repeat the movement of the A section. As this A section is slightly longer, the dance will repeat the rotation with jazz hands until the music ends.

**Step 19**

When the music falls apart at the end, the kids fall down.

**Step 20**

When movement practice for the A and B sections is complete, you can add the movement for the introduction.

**Step 21**

Ask students to pretend they are an elephant by bending over slightly and making an elephant trunk with their arm extending down to the floor.

**Step 22**

Hold this pose for the first few measures of the music.

**Step 23**

When the students hear the sound of the elephant, they will respond to it with their own elephant sound.

**Step 24**

When the drums enter with a steady pulse, the students will extend their arms out to their sides slightly and jump up and down like a monkey.

**Check for Understanding**

Ask students to sit with their heads down and eyes closed. Ask them to listen to the recording again. Each time they hear the A section they should respond by raising their hand. Each time they hear the B section they should respond by placing their hand on their head.

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	<b>Questions</b>
	<ul style="list-style-type: none"><li>• Throughout the lesson the following questions can be introduced and repeated:</li><li>• "Was the last A section longer than the first two A sections?"</li><li>• "What made the last A section longer?"</li><li>• "Why was the A section different than the B section?"</li><li>• "What is an introduction?"</li><li>• "What does the introduction tell us about the music?"</li></ul>
<i>Conclusions</i>	Ask the students to perform the dance for to demonstrate their understanding.
<i>Adaptations</i>	<ul style="list-style-type: none"><li>• A lot of songs are AABA: <a href="https://open.spotify.com/playlist/19nu2KfiB8KWZNPao3xbov">https://open.spotify.com/playlist/19nu2KfiB8KWZNPao3xbov</a></li><li>• Students can come up with their own movements and try to find another AABA song to dance to</li></ul>
<i>Links and Websites</i>	A Guide to understanding AABA Form: <a href="https://en.wikipedia.org/wiki/Thirty-two-bar_form">https://en.wikipedia.org/wiki/Thirty-two-bar_form</a>

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